

# YOUNG PERSON'S MENTOR QUALIFICATION FOR SECONDARY SCHOOLS AND FURTHER EDUCATION



Training for teachers, pastoral staff, learning mentors and other support staff in helping young people overcome social, emotional and mental health difficulties and increase academic engagement.

## PROGRAMME DETAILS

- ✓ eLearning
- ✓ Group Learning Options
- ✓ Certification

Learners complete a reflective assignment to gain a Level 3 Certificate in Mentoring Children and Young People from Open Awards.

# INCREASING ENGAGEMENT IN EDUCATION

## KNOWLEDGE, SKILLS, PROGRESS

Approximately 20% of young people may be experiencing mental health problems, many of which may be affecting their academic work. Self-harm, anxiety, depression, bullying, truancy - all problems linked to socio-emotional deficiencies.

Pastoral mentoring is the practice of addressing the barriers or blocks a mentee is facing in their lives. Mentors look beyond the behaviours to see the underlying causes and emotional experience. They plan or support the mentee to overcome those blocks or barriers.

Multi-award-winning training providers, The Mentoring School, present a programme to help secondary and FE staff to support and reengage these young people.

Covering topics on assessing, planning and delivering interventions to address social and emotional barriers causing the problems you are experiencing. The specialist programme covers up to date good practice skills in working with individuals or groups.

## ASSESSMENT

Final assignment includes planning an individual intervention, a group intervention and reflecting on their own learning. This can be based on real life or hypothetical case studies we provide. They also have the option to sign up to the official Register of Mentors as an accredited mentor.



## THE COURSE COVERS:

- Good Practice
- Boundaries
- Working With Young People
- Structuring Mentoring Conversations
- Working With Groups
- Mental Health
- Referral Systems
- Record Keeping

## CONTENTS:

- You And Your Role
- What Is A Young Person's Mentor?
- Common Barriers
- Learning Approaches
- Reflective Practice
- Preparation For Future
- Special Needs Duties
- Individual Interventions
- Group Interventions
- Involving Parents And Carers
- Involving Young People
- Involving Other Staff
- Supporting Social, Emotional And Mental Health
- Setting Up A Referral System
- Monitoring Outcomes

