

Pastoral mentoring is the practice of addressing the barriers or blocks a mentee is facing in their lives. Mentors look beyond the behaviours to see the underlying causes and emotional experience. They plan or support the mentee to overcome those blocks or barriers.

Are your staff just reacting to behaviours?

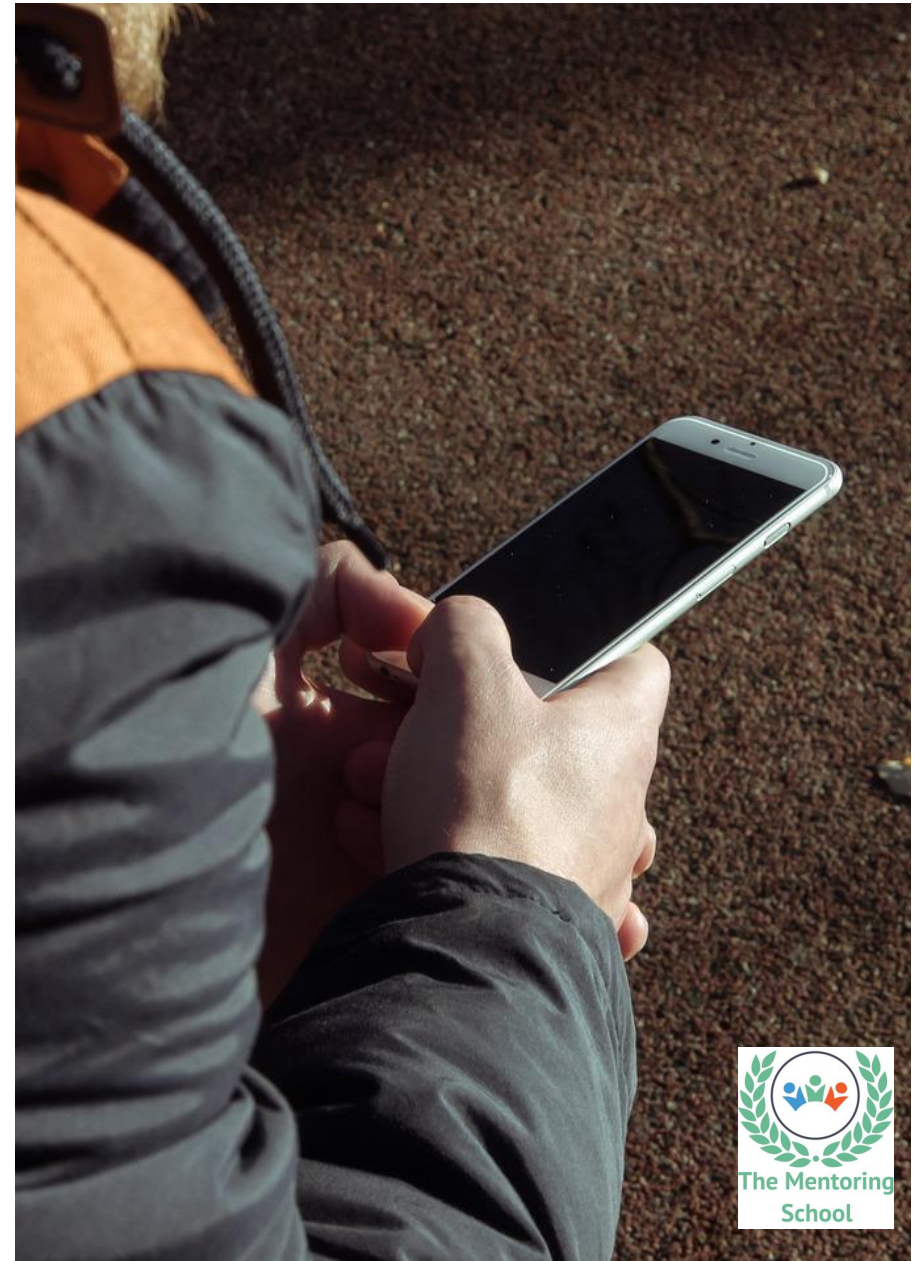


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Certified Young Person's Mentor Programme

Helping train staff to support social, emotional, behavioural and mental health in secondary and further education



Increasing engagement in education

Programme delivery

Available as:

- 3-day group learning
- 6 x 3-hour group learning sessions
- Fast Track blended learning (eLearning and 1-day group learning)
- eLearning

These are then followed by a three-month portfolio to gain the qualification.

The total time is approx. 125-150 hours.

Assessment

Learners complete a reflective assignment to gain a Level 3 Certificate in Young Person's Mentoring from Open Awards. This includes a reflection on an individual intervention, a group intervention and their own learning.

They also have the option to sign up to the official Register of Mentors as an accredited mentor.



Training for teachers, pastoral staff, learning mentors and other support staff in helping young people overcome social, emotional and mental health difficulties and increase academic engagement and results.

Approximately 20% of young people may be experiencing mental health problems, many of which may be affecting their academic work.

Self-harm, anxiety, depression, bullying, truancy - all problems linked to socio-emotional deficiencies.

Knowledge, skills, progress



Multi-award-winning training providers, The Mentoring School, present a programme to help secondary and FE staff to support and reengage these young people.

Covering topics on assessing, planning and delivering interventions to address social and emotional barriers causing the problems you are experiencing. The specialist programme covers up to date good practice skills in working with individuals or groups.

Our specialist Programme covers:

- Good practice
- Boundaries
- Working with young people
- Structuring mentoring conversations
- Working with groups
- Mental health
- Referral systems
- Record keeping

Programme contents

- You and your role
- What is a Young Person's Mentor?
- Common barriers
- Learning approaches
- Reflective practice
- Preparation for the future
- Special needs duties
- Planning an individual intervention
- Planning a group intervention
- Involving parents and carers
- Involving young people
- Involving other staff
- Supporting social, emotional and mental health
- Setting up a referral system
- Monitoring outcomes of an intervention