

Pastoral mentoring is the practice of addressing the barriers or blocks a mentee is facing in their lives. Mentors look beyond the behaviours to see the underlying causes and emotional experience. They plan or support the mentee to overcome those blocks or barriers.

Are your staff just reacting to behaviours?



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Certified Preschool Mentor Programme

Helping train staff to support social, emotional, behavioural and mental health in early years and preschool settings



Reducing behaviour problems

Programme delivery

Available as:

- 3-day group learning
- 6 x 3-hour group learning sessions
- Fast Track blended learning (eLearning and 1-day group learning)
- eLearning

These are then followed by a three-month portfolio to gain the qualification.

The total time is approx. 125-150 hours.

Assessment

Learners complete a reflective assignment to gain a Level 3 Certificate in Preschool Mentoring from Open Awards. This includes a reflection on an individual intervention, a group intervention and their own learning.

They also have the option to sign up to the official Register of Mentors as an accredited mentor.



Training for early years and preschool staff to help identify and plug the gaps of toddlers and young children with social, emotional, behavioural and mental health difficulties.

Research suggests about 10% of your children may be experiencing mental health problems.

Across your setting(s) you will be aware of those children with behaviour problems, however, there will also be those who are withdrawn, holding their socio-emotional experience inside.

Empathy, strategies, skills



Multi-award-winning training providers, The Mentoring School, have developed a programme to help develop your staff to equip them to assess and plan interventions to address these needs.

The specialist programme covers up to date good practice skills in working with individuals or groups, covering the practical skills required to be able to address peer problems, anger management issues, attachment problems, social skills and more....

Our specialist programme covers:

- Assessment
- Planning tools
- Activity suggestions
- Working with individual children
- Working with groups
- Mental health
- Referral systems
- Timetabling
- Record keeping

Programme contents

- You and your role
- What is an Early Years Mentor?
- Barriers to learning and overcoming them
- Learning approaches
- Reflective practice
- Preparation for school and home life
- Special needs duties
- Individual interventions
- Group interventions
- Involving parents and carers
- Involving children
- Involving other staff
- Understanding social, emotional and mental health
- Setting up a referral system
- Monitoring outcomes