

**Pastoral mentoring** is the practice of addressing the barriers or blocks a mentee is facing in their lives. Mentors look beyond the behaviours to see the underlying causes and emotional experience. They plan or support the mentee to overcome those blocks or barriers.

*Will this make the difference  
for your young people?*



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# Level 2 Young Person's Peer Mentoring Programme

Helping train young people to support peers in secondary, further and higher education



# Increasing engagement in education

## Programme delivery

Both variants available as:

- 1-day group learning
- Train the Trainer for 8 x 45 minute sessions
- eLearning

These are then followed by a portfolio to gain the qualification.

## Introductory Programme Assessment

Learners answer a series of questions in a handbook to gain a certificate from the course leader.

## Qualification Assessment

Learners answer a series of questions in a portfolio to gain a Level 2 Award in Peer Mentoring from Open Awards.



Peer mentoring is shown to be beneficial for both the recipients and also those delivering the mentoring. We are delighted to offer two courses suitable for training peer mentors in secondary, further and higher education.

Peer mentoring can be used to support transition, induction, help with social or emotional problems or nurture academic or career/life skills.

For the mentors it helps develop their leadership, communication, listening, self-awareness and interpersonal skills. When used with young people who

## Leadership, reflection, support



have overcome difficulties themselves, it can help to embed the lessons they have learned.

We offer two levels of peer mentoring programmes:

Introductory Peer Mentoring - training a buddy, or trusted friend to look out for each other, support and offer advice.

Level 2 Peer Mentoring - a qualification to train older young people to deliver a more professional programme. Mentoring at this level will be more structured and formalised within a school, college or university.



## Introductory Peer Mentoring Programme contents

- What is peer mentoring
- Thinking about their school
- Who can they help
- Thinking about their motivation
- Managing emotions
- Listening
- Structured conversations
- Organising peer mentoring
- Boundaries

## Level 2 Peer Mentoring Programme contents

- What is peer mentoring
- The mentoring relationship
- Mentoring sessions
- Good practice as mentors
- Safeguarding
- Boundaries
- Confidentiality
- Recognising progress in mentoring
- Report writing
- Referrals
- Getting help for a mentee
- Their values and how they affect mentoring
- Support for them as mentors