

# LIVE ONLINE CHILDREN'S AND YOUNG PERSON'S MENTOR QUALIFICATION



Training for teachers, pastoral staff, learning mentors and other support staff in helping young people overcome social, emotional and mental health difficulties and increase academic engagement.

## PROGRAMME DETAILS

- ✓ Live virtual cohort
- ✓ 3 training days
- ✓ Certification

Learners complete a reflective assignment to gain a Level 3 Certificate in Mentoring Children and Young People from Open Awards.

# INCREASING ENGAGEMENT IN EDUCATION

## KNOWLEDGE, SKILLS, PROGRESS

Approximately 20% of young people may be experiencing mental health problems, many of which may be affecting their academic work. Self-harm, anxiety, depression, bullying, truancy - all problems linked to socio-emotional deficiencies.

Pastoral mentoring is the practice of addressing the barriers or blocks a mentee is facing in their lives. Mentors look beyond the behaviours to see the underlying causes and emotional experience. They plan or support the mentee to overcome those blocks or barriers.

Multi-award-winning training providers, The Mentoring School, present a programme to help primary, secondary and FE staff to support and reengage these young people.

Training covers topics on assessing, planning and delivering interventions to address the social and emotional barriers causing the problems being experienced. The specialist programme covers up to date good practice skills in working with individuals or groups.

The live online cohort is delivered via Teams to staff from across the country. 3 training days are spread out across 3 months to allow time for applying the learning to learner's real scenarios between sessions.

All learners are fully supported by our dedicated team throughout their course.



## THE COURSE COVERS:

- Good Practice
- Role of a mentor
- Barriers to education
- Mentoring children and young people
- Planning and implementing a mentoring intervention
- Boundaries
- Structuring Mentoring Conversations
- Working With Groups
- Mental Health
- Referral Systems
- Record Keeping

## ASSESSMENT

Final assignment includes learners planning an intervention and reflecting on their own learning. This can be based on real life or hypothetical case studies we provide.



The Mentoring  
School