

Pastoral mentoring is the practice of addressing the barriers or blocks a mentee is facing in their lives. Mentors look beyond the behaviours to see the underlying causes and emotional experience. They plan or support the mentee to overcome those blocks or barriers.

Are your staff just reacting to behaviours?



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Advanced Mentor in Social, Emotional and Mental Health Programme

Expert mentoring for young people with social, emotional or mental health problems



Addressing underlying causes

Prerequisite

There is an expectation that a Practitioner Mentoring Certificate has been gained prior to advanced Programmes (can be added to the start of the Programme).

Programme delivery

Available as:

- 3-day group learning
- 13 group learning seminars
- Fast Track blended learning (eLearning and 1-day group learning)
- eLearning

These are then followed by a selection of self-studied units, to build a portfolio.

The total time is approx. 150-200 hours.

Assessment

Learners complete a portfolio-based assignment to convert their Programme into a Level 4 Advanced Mentor qualification (currently undergoing registration).

Learners who pass become certified and are able to be accredited on the Register of Mentors database.

Using advanced understanding to mentor young people to overcome social, emotional or mental health issues.

You have worked with a range of social, emotional and mental health problems during your career. Now you'd like to gain a deeper understanding of some of those conditions.

Between 10-20% of our young people are experiencing mental health problems at any time. Social, emotional and behaviour problems are on the rise, needs are becoming more complex and support is taking up far



Understand, educate, support, intervene



more of our time and focus.

During this programme, you will study some of those conditions to improve your practice and gain recognition for your status.

The mentor works with a facilitator to develop a deeper understanding of the causes of social, emotional and mental health in order to become a registered advanced mentor.

Our specialist Programme helps respected professionals to:

- Develop a deeper understanding of conditions
- Plan effective interventions
- Help colleagues
- Develop materials for working with young people
- Move their career up a level

Programme contents

- You and your role
- What is mentoring?
- Exploring the self
- Emotional intelligence
- Reflective practice
- Unconscious bias
- Transference
- Methodology
- Exploring the research
- Disabilities
- Mental health difficulties
- Social and emotional conditions
- Attachment
- Mental wellbeing
- Scenarios

